nubodyclinic

Carbon reduction plan

KARMA INC LTD trading as nubodyclinic

Approved 21 November 2026 | Next review 21 November 2027

Our commitment and starting point

Karma Inc Ltd is committed to achieving net-zero greenhouse-gas emissions by 2050. Our Director approved this commitment on 21 November 2026. We will prioritise reducing emissions from our operations and supply chain.

We do not currently measure our greenhouse-gas emissions. We intend to begin measuring within the next year. This plan sets out the agreed work; it does not report a completed footprint, achieved reductions or a carbon-neutral service.

Organisation and reporting boundary

This plan covers Karma Inc Ltd, company number 16141381, trading as nubodyclinic. The company has no subsidiaries. The Director will confirm which premises, equipment and activities fall within the company's operational control and record any shared use with other organisations. The reporting boundary will cover the company, including any Trafford delivery; it will not be limited to that contract.

Scope 1 covers direct emissions from controlled sources, such as fuel or refrigerants where applicable. Scope 2 covers purchased electricity, heat or cooling. Scope 3 covers relevant indirect activities, including business travel, commuting, waste, transport and distribution, purchasing and hired venues. Assess every category and explain exclusions; do not assume an unmeasured source is zero.

Baseline and current emissions

The first reliable 12-month baseline and reporting periods must be agreed after records are checked. Figures will be expressed in tonnes of carbon dioxide equivalent (tCO2e). "Not measured" means data is unavailable, not that emissions are zero.

Emissions	Baseline	Current reporting
Period	To be confirmed	To be confirmed
Scope 1	Not measured	Not measured
Scope 2	Not measured	Not measured
Scope 3	Not measured	Not measured
Total	Not calculated	Not calculated

Our action programme

The Director will lead the programme and keep an action log, with evidence and actual completion dates. The timings below form our agreed programme; none is recorded as completed.

Timing	Action
Within 3 months of approval	Identify premises, shared arrangements, energy and travel records. Agree the reporting boundary, data responsibilities and first complete 12-month baseline period.
Begin measurement by November 2027	Set up a monthly activity register. Collect bills, meter readings, mileage, transport, commuting, purchasing and waste data. Request relevant information from landlords, venues and suppliers.
From approval and before new purchases	Reduce unnecessary journeys and printing; consider repair, reuse, efficient equipment and proportionate supplier environmental checks. Record decisions and any costs.
For Trafford mobilisation	Choose accessible local venues and plan staff journeys efficiently, while keeping the mainly face-to-face offer and residents' access needs. Ask venues about energy and waste arrangements.
At the first footprint review	Set dated interim reduction targets from the measured baseline, including a 2030 milestone. Identify resources and responsible people. Do not publish unsupported percentage reductions.

Measurement and evidence

Use activity records with the UK government conversion factors for the relevant reporting year, retaining the factor version and calculation workbook. Report each scope separately and identify the Scope 3 sources included. Explain estimates, missing data, exclusions, allocation of shared premises and any changes to the baseline. Use consistent boundaries to compare years and obtain suitable advice where needed.

Progress towards 2050

Review energy, travel, purchasing and waste opportunities annually, giving priority to the largest measured sources. Track absolute emissions and actions as the service grows. Update the pathway and interim targets when the baseline is available. Any later proposal to address unavoidable residual emissions through removals must be separately assessed and approved; no offsets or removals are claimed in this plan.

Approval and review

Approved by the Director on 21 November 2026. We will review this plan at least annually and after material changes, with the next review due on 21 November 2027. We will update the plan when the first reliable emissions footprint is available and publish the latest version on www.nubodyclinic.com.

Further information

UK government emissions conversion factors

Environmental reporting guidance